ST. OLIVER'S PRIMARY SCHOOL

# Healthy Lunches 2026-2027

## Our School Policy

THE LUNCH BAG
Empowered, Educated Eating

"The Lunchbag" will be providing free hot meals to all children in our school.

(www.thelunchbag.ie)

- Download The Lunchbag App from the App Store.
- Use the personal "Activation Code" which each child will receive once they are enrolled in our school
- Select any allergens, dietary or cultural requirements
- Place your order up to 36 hours in advance
- Lunch is delivered to school fresh everyday
- Please give your child a small snack for breaktime

**Friday is 'Treat Day'**.
We all enjoy a treat from time to time. To encourage children to abide by this healthy lunch policy, Friday is designated Special Treat Day.
Children can bring a treat which may only include one of the following on this day in addition to their healthy nutritious lunch.

- small chocolate bar
- biscuits
- cakes
- cereal bar

**Children with special dietary requirements**
Children with special dietary requirements and / or allergies will at all times be facilitated to choose foods to suit their own individual requirements. Parents should discuss this with the class teacher to avoid misunderstanding.

**Preparation of lunches**
It encourages children to eat when the lunch is prepared attractively and in a convenient to eat manner. Oranges could be peeled, especially for younger children. Cheese could be grated and mixed with a few grapes or cherry tomatoes. A spoon should be included for eating yoghurts or cereals.

**Birthday Party Treats:**
In keeping with this policy teachers are unable to distribute treats from home for birthdays regardless of the day of the week.

**NUT FREE SCHOOL**
St Oliver's NS. is a Nut Free School.

This policy was ratified by the Board of Management in Nov. 2026