



Healthy Lunches 2024-2025

Our School Policy



“The Lunchbag” will be providing free hot meals to all children in our school.

(www.thelunchbag.ie)

- Download The Lunchbag App from the App Store.
- Use the personal “Activation Code” which each child will receive once they are enrolled in our school
- Select any allergens, dietary or cultural requirements
- Place your order up to 36 hours in advance
- Lunch is delivered to school fresh everyday
- Please give your child a small snack for breaktime

Friday is 'Treat Day'.

We all enjoy a treat from time to time. To encourage children to abide by this healthy lunch policy, Friday is designated Special Treat Day.

Children can bring a treat which may only include one of the following on this day in addition to their healthy nutritious lunch.

small chocolate bar

biscuits

cakes

cereal bar

Children with special dietary requirements

Children with special dietary requirements and / or allergies will at all times be facilitated to choose foods to suit their own individual requirements. Parents should discuss this with the class teacher to avoid misunderstanding.

Preparation of lunches

It encourages children to eat when the lunch is prepared attractively and in a convenient to eat manner. Oranges could be peeled, especially for younger children. Cheese could be grated and mixed with a few grapes or cherry tomatoes. A spoon should be included for eating yoghurts or cereals.

Birthday Party Treats:

In keeping with this policy teachers are unable to distribute treats from home for birthdays regardless of the day of the week.

NUT FREE SCHOOL

St Oliver's NS. is a Nut Free School.

This policy was ratified by the Board of Management in Nov. 2024