



Killarney Mentoring Practice

Autumn Courses 2022

Greetings to everyone,

I hope you have had the opportunity to enjoy our lovely summer.

Having recently completed a two-year Masters in the Psychotherapy of Relationship Mentoring, and Covid interrupting holding courses during this time, I am delighted to advise that I intend running some courses again this Autumn.

I encounter so many wonderful parents and individuals who love and care deeply for their families, yet struggle at times in terms of how they communicate. The courses can be truly beneficial in this regard as when we understand challenging behaviours rather than judging or punishing children (or indeed ourselves), harmony can be achieved – most of the time!

Courses are open to parents, grandparents, teachers, SNA'S or anyone involved in the care of children/teenagers.

'The Effective Parenting of Self and Children' - 10 week course

Commencing: Tuesday October 4th from 7-9 pm and
Wednesday October 5th 10am- 12 noon

'Understanding Teenagers' - 10 week course

Commencing: Wednesday October 5th 7-9pm

Cost per course is €220 (payment schedules can be arranged) which will include all handouts and tea/coffee on arrival.

Booking is essential by Monday, September 26th please.

Contact: Eileen Buckley on 087 4129655 or by email at eileen2buckley@gmail.com

Visit my website killarneymentoringpractice.ie for further information on course themes

Killarney Mentoring Practice is run in association with Dr Tony Humphreys